



## CLUB RECORDS LONG COURSE – FEMALE

50M	50M BUTTERFLY					
7 years	47.40	Abbey-Rose Hull	16-Oct-10	Fremantle Port Meet 2010		
8 years	42.28	Natalie Van Selm	10-Dec-16	Officials Pentathlon LC		
9 years	36.98	Bridgette Brodalka	5-Nov-17	Officials Pentathlon LC		
10 years	32.75	Tamsin Cook	18-Dec-09	2010 SunSmart State Age Championships		
11 years	30.99	Tamsin Cook	28-Nov-10	West Coast Dorsogna Cup - Outdoor Pool		
12 years	30.42	Tamsin Cook	17-Dec-11	2011 SWA Metropolitan Championships		
13 years	29.75	Tahlia Thornton	28-Jan-17	2017 HFMF New Years Challenge		
14 years	28.93	Tahlia Thornton	19-Jan-18	Hancock Prospecting WA Open Championships		
15 years	28.74	Robyn Lee	20-Jan-14	2014 SWA State Open & Age LC Championships		
16 years	28.20	Iona Anderson	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champ		
17 years	27.48	Iona Anderson	15-Jun-23	2023 Australian Swimming Trials		
18 years	26.84	Iona Anderson	19-Apr-24	2024 Australian Open Championships		

100N	100M BUTTERFLY					
8 years	01:37.85	Abbey-Rose Hull	12-Nov-11	Breakers 2011 LC Swim Meet		
9 years	01:25.94	Tamsin Cook	16-Nov-08	2008 Dorsogna Cup Meet		
10 years	01:16.55	Tamsin Cook	18-Sep-09	Arena Race Session 2		
11 years	01:07.58	Tamsin Cook	11-Dec-10	2010 McDonald's Qld Swimming Championships		
12 years	01:05.74	Tamsin Cook	19-Apr-11	2011 Australian Age Championships		
13 years	01:05.49	Eliza Hodder	22-Apr-18	2018 GHF Australian Age Championships		
14 years	01:02.25	Tahlia Thornton	19-Jan-18	Hancock Prospecting WA Open Championships		
15 years	01:01.91	Tahlia Thornton	26-Apr-18	2018 GHF Australian Age Championships		
16 years	01:03.02	Iona Anderson	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champ		
17 years	01:04.64	Iona Anderson	19-Nov-22	Swimming WA Long Course Meet #2		
18 years	01:01.13	Iona Anderson	15-Dec-23	SWA 23-24 Hancock Prospecting State Champs		

2001	200M BUTTERFLY					
10 years	02:50.75	Tamsin Cook	20-Nov-09	Arena Race Session 4 0910		
11 years	02:31.43	Tamsin Cook	11-Dec-10	2010 McDonald's Qld Swimming C		
12 years	02:25.40	Tamsin Cook	21-Apr-11	2011 Australian Age Championships		
13 years	02:23.52	Tahlia Thornton	19-Dec-16	2016/17 SunSmart State Open and Age LC Champs		
14 years	02:17.13	Tahlia Thornton	19-Jan-18	Hancock Prospecting WA Open Championships		
15 years	02:16.72	Tahlia Thornton	22-Apr-18	2018 GHF Australian Age Championships		
16 years	02:33.98	Clare Arblaster	11-Jan-01	2001 SwimFit State Age		
17 years	02:33.81	Danielle Janse van Rensburg	16-Nov-19	Arena Swim Club LC Meet 2019		



50M	50M BACKSTROKE				
6 years	53.77	Abbey-Rose Hull	18-Sep-09	Arena Race Session 2	
7 years	45.61	Abbey-Rose Hull	17-Oct-10	Bunbury Open 2010	
8 years	43.07	Natalie Van Selm	10-Dec-16	Officials Pentathlon LC	
9 years	38.21	Natalie Van Selm	5-Nov-17	Officials Pentathlon LC	
10 years	36.20	Natalie Van Selm	10-Nov-18	2018 LC Pentathlon	
11 years	33.78	Tahlia Thornton	20-Dec-14	2014 SunSmart Christmas Challenge	
12 years	32.17	Tahlia Thornton	29-Jan-16	2016 HFMF New Years Challenge	
13 years	31.08	Tahlia Thornton	28-Jan-17	2017 HFMF New Years Challenge	
14 years	29.95	Iona Anderson	17-Jan-20	Hancock Prospecting WA Swimming Championships	
15 years	29.42	Iona Anderson	18-Dec-20	Hancock Prospecting WA Swimming Championships	
16 years	28.50	Iona Anderson	16-Apr-22	2022 Australian Age Swimming Championships	
17 years	28.03	Iona Anderson	17-Jun-23	2023 Australian Swimming Trials	
18 years	27.52	Iona Anderson	15-Dec-23	SWA 23-24 Hancock Prospecting State Champs	

100N	100M BACKSTROKE				
7 years	01:42.40	Abbey-Rose Hull	2-Oct-10	2010 SWA LC Qualifying Meet No	
8 years	01:32.65	Abbey-Rose Hull	12-Nov-11	Breakers 2011 LC Swim Meet	
9 years	01:24.36	Tahlia Thornton	16-Dec-12	2012 SWA Metropolitan Championships	
10 years	01:17.11	Tahlia Thornton	21-Dec-13	2013 SWA Christmas Challenge	
11 years	01:11.10	Tahlia Thornton	19-Dec-14	2014 SunSmart Christmas Challenge	
12 years	01:07.28	Tahlia Thornton	18-Dec-15	2015/16 SunSmart Open & Age LC Champs	
13 years	01:05.58	Iona Anderson	20-Apr-19	2019 HP Australian Age Championships	
14 years	01:03.70	Tahlia Thornton	19-Jan-18	Hancock Prospecting WA Open Championships	
15 years	01:02.35	Iona Anderson	9-Apr-21	2021 April Bonanza	
16 years	01:01.07	Iona Anderson	15-Apr-22	2022 Australian Age Swimming Championships	
17 years	01:00.05	Iona Anderson	14-Jun-23	2023 Australian Swimming Trials	
18 years	58.43	Iona Anderson	10-Jun-24	2024 Australian Swimming Trials	

200N	200M BACKSTROKE					
8 years	03:26.02	Abbey-Rose Hull	10-Dec-11	Breakers December Club Swim 2011		
9 years	02:54.28	Natalie Van Selm	21-Oct-17	Sunsmart LC Season Opener		
10 years	02:40.84	Tahlia Thornton	20-Dec-13	2013 SWA Christmas Challenge		
11 years	02:36.28	Tahlia Thornton	17-Jan-15	Breakers Jan 2015 Club Swim		
12 years	02:23.87	Tahlia Thornton	18-Dec-15	2015/16 SunSmart Open & Age LC Champs		
13 years	02:20.06	Tahlia Thornton	28-Jan-17	2017 HFMF New Years Challenge		
14 years	02:17.35	Tahlia Thornton	18-Dec-17	SunSmart WA State Age Championships		
15 years	02:14.46	Tahlia Thornton	21-Apr-18	2018 GHF Australian Age Championships		
16 years	02:13.74	Iona Anderson	18-Apr-22	2022 Australian Age Swimming Championships		
17 years	02:12.76	Iona Anderson	16-Jun-23	2023 Australian Swimming Trials		
18 years	02:09.22	lona Anderson	10-Jun-24	2024 Australian Swimming Trials		



50M	50M BREASTSTROKE					
6 years	01:03.16	Abbey-Rose Hull	1-Nov-09	2009 Arena LC Sprint Carnival		
7 years	53.19	Abbey-Rose Hull	5-Dec-10	Arena Sprint Carnival 2010		
8 years	47.95	Bianca Macfarlane	5-Apr-14	2014 HFMF Junior Long Course Championships		
9 years	43.59	Natalie Van Selm	26-Nov-17	St Hilda's Long Course Carnival		
10 years	40.78	Amy Williams	10-May-09	Arafura Games 2009		
11 years	37.68	Amy Williams	20-Mar-10	2010 SWA Junior Championships		
12 years	36.80	Hayley Nowrojee	12-Apr-19	2019 HFMF Junior Long Course Championships		
13 years	34.92	Amy Williams	3-Apr-12	2012 Schools Associations Meet		
14 years	35.37	Freya Bowyer	10-Apr-24	2024 Australian Age & MC Age Championships		
15 years	33.95	Freya Bowyer	13-Apr-25	2025 Australian Age & MC Age Championships		
16 years	33.30	Freya Bowyer	09-Nov-25	SWA 2025-26 LC Qualifying Meet 1		
17 years	38.39	Samantha Macfarlane	31-Jan-21	2021 SunSmart Sprint Championships		
18 years	37.73	Danieka Masterton	21-Jan-14	2014 SWA State Open & Age LC Championships		

100N	100M BREASTSTROKE					
7 years	01:51.84	Abbey-Rose Hull	20-Nov-10	SWA LC Qualifying Meet No2		
8 years	01:47.97	Bianca Macfarlane	6-Apr-14	2014 HFMF Junior Long Course Championships		
9 years	01:37.07	Natalie Van Selm	19-Nov-17	2017 Breakers Long Course Big Splash # 1		
10 years	01:30.65	Amy Williams	21-Mar-09	SWA Junior Championships		
11 years	01:21.95	Amy Williams	20-Mar-10	2010 SWA Junior Championships		
12 years	01:20.14	Hayley Nowrojee	15-Dec-18	Sunsmart WA State Age Swimming Championships		
13 years	01:16.99	Amy Williams	13-Apr-12	2012 Australian Age Championships		
14 years	01:17.57	Freya Bowyer	8-Apr-24	2024 Australian Age & MC Age Championships		
15 years	01:14.95	Jasmin Allan	16-Apr-17	2017 GHF Australian Age Championships		
16 years	01:15.37	Freya Bowyer	25-Oct-25	2025 KWI ROC Swimming Carnival		
17 years	01:17.93	Danieka Masterton	23-Mar-13	2013 SWA End of Summer Sensation		
18 years	01:17.52	Rhiannon Dielesen	10-Feb-12	2012 SWA Club Premierships - A Division		

200N	200M BREASTSTROKE					
7 years	04:03.37	Abbey-Rose Hull	27-Nov-10	Breakers November Club Swim 20		
8 years	03:38.43	Abbey-Rose Hull	6-Nov-11	2011 SWA HFMF Distance Meet		
9 years	03:30.40	Natalie Van Selm	21-Oct-17	Sunsmart LC Season Opener		
10 years	03:08.37	Amy Williams	25-Oct-08	2008 HFMF Distance Meet		
11 years	02:53.18	Amy Williams	20-Mar-10	2010 SWA Junior Championships		
12 years	02:54.29	Seekara Wilson	19-Dec-16	2016/17 SunSmart State Open and Age LC Champs		
13 years	02:48.31	Claire Stabler	14-Jan-99	1998/99 SwimFit State Age		
14 years	02:50.00	Claire Stabler	13-Jan-00	SwimFit State Age 2000		
15 years	02:43.22	Jasmin Allan	16-Apr-17	2017 GHF Australian Age Championships		
16 years	02:45.14	Hannah Sivic	18-Apr-19	2019 HP Australian Age Championships		
17 years	02:52.43	Danieka Masterton	21-Dec-13	2013 SWA Christmas Challenge		
18 years	02:49.11	Danieka Masterton	16-Feb-14	2014 Rockingham Stingrays Summer Carnival		



50M	50M FREESTYLE					
6 years	50.97	Abbey-Rose Hull	1-Nov-09	2009 Arena LC Sprint Carnival		
7 years	40.05	Mackenzie Hall	19-Mar-17	Breakers Club Swim March 2017		
8 years	36.48	Tahlia Thornton	18-Jan-12	2012 SWA State Open & Age LC Championships		
9 years	32.17	Bridgette Brodalka	5-Nov-17	Officials Pentathlon LC		
10 years	31.31	Morgan Knox	11-Apr-15	2015 HFF Junior Long Course Championships		
11 years	28.39	Bridgette Brodalka	18-Jan-20	Hancock Prospecting LC Junior Challenge		
12 years	28.28	Samantha Macfarlane	15-Apr-16	2016 HFMF Junior Long Course Championships		
13 years	27.46	Bridgette Brodalka	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champ		
14 years	27.59	Tahlia Thornton	21-Oct-17	Sunsmart LC Season Opener		
15 years	26.98	Iona Anderson	9-Apr-21	2021 April Bonanza		
16 years	26.27	Iona Anderson	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champ		
17 years	26.43	Iona Anderson	16-Dec-22	2022-23 Hancock Prospecting WA Swimming Champ		
18 years	25.48	Iona Anderson	10-Jun-24	2024 Australian Swimming Trials		

100N	100M FREESTYLE					
6 years	01:49.81	Abbey-Rose Hull	6-Dec-09	Breakers Club Swim December 20		
7 years	01:31.37	Mackenzie Hall	26-Mar-17	Breakers Long Course March Big Splash 2		
8 years	01:20.15	Tahlia Thornton	17-Dec-11	2011 SWA Metropolitan Championships		
9 years	01:13.43	Bridgette Brodalka	11-Nov-17	2017 Perth City Long Course Classic		
10 years	01:08.27	Tamsin Cook	17-Oct-09	Fremantle Port Meet 2009		
11 years	01:01.50	Tamsin Cook	11-Dec-10	2010 McDonald's Qld Swimming Championships		
12 years	01:01.16	Samantha Macfarlane	31-Mar-16	2016 GHF Australian Age Championships		
13 years	59.59	Bridgette Brodalka	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champs		
14 years	58.72	Tahlia Thornton	18-Dec-17	SunSmart WA State Age Championships		
15 years	57.55	Elyse Weston	1-Mar-19	2019 SunSmart Club Premierships A Division		
16 years	57.66	Elyse Weston	18-Dec-20	Hancock Prospecting WA Swimming Championships		
16 years	57.66	Iona Anderson	13-Apr-22	2022 Australian Age Swimming Championships		
17 years	57.23	Elyse Weston	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champs		
18 years	56.20	Iona Anderson	10-Jun-24	2024 Australian Swimming Trials		

200N	200M FREESTYLE					
7 years	03:20.41	Abbey-Rose Hull	3-Dec-10	Breakers December Club Swim		
8 years	02:52.93	Abbey-Rose Hull	5-Nov-11	2011 SWA HFMF Distance Meet		
9 years	02:36.63	Natalie Van Selm	8-Dec-17	Breakers Club Swim Dec 2017		
10 years	02:26.99	Tahlia Thornton	22-Dec-13	2013 SWA Christmas Challenge		
11 years	02:13.69	Tamsin Cook	11-Dec-10	2010 McDonald's Qld Swimming Championships		
12 years	02:09.71	Tamsin Cook	19-Dec-11	2011 SWA Metropolitan Championships		
13 years	02:07.86	Samantha Macfarlane	16-Apr-17	2017 GHF Australian Age Championships		
14 years	02:05.52	Grace Hull	13-Apr-13	2013 GHSF Australian Age Championships		
15 years	02:04.50	Elyse Weston	20-Dec-19	Sunsmart WA State Age Swimming Championships		
16 years	02:04.53	Samantha Macfarlane	20-Dec-19	Sunsmart WA State Age Swimming Championships		
17 years	02:02.48	Elyse Weston	9-Apr-21	2021 April Bonanza		
18 years	02:04.28	Samantha Macfarlane	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champ		



400M FREESTYLE				
8 years	06:19.76	Tahlia Thornton	29-Jan-12	Breakers Club Swim January 2012
9 years	05:39.53	Abbey-Rose Hull	4-Nov-12	2012 SWA HFMF Distance Meet
10 years	05:06.17	Abbey-Rose Hull	10-Nov-13	2013 HFMF Distance Meet
11 years	04:39.65	Tamsin Cook	11-Dec-10	2010 McDonald's Qld Swimming Championships
12 years	04:35.34	Tamsin Cook	22-Apr-11	2011 Australian Age Championships
13 years	04:29.91	Grace Hull	13-Apr-12	2012 Australian Age Championships
14 years	04:19.34	Grace Hull	11-Apr-13	2013 GHSF Australian Age Championships
15 years	04:19.19	Grace Hull	14-Apr-14	2014 GHSF Australian Age & MC Championships
16 years	04:21.90	Grace Hull	23-Jan-15	2015 SWA State Open & Age LC Championships
17 years	04:23.46	Elyse Weston	9-Apr-21	2021 April Bonanza
18 years	04:22.37	Charlotte Ericksen	15-Dec-23	SWA 23-24 Hancock Prospecting State Champs

800N	800M FREESTYLE				
9 years	12:07.86	Grace Hull	17-Aug-08	Breakers Club Swim Aug 08	
11 years	09:58.42	Abbey-Rose Hull	15-Nov-14	2014 Stingrays Summer Carnival	
12 years	09:20.00	Tamsin Cook	20-Apr-11	2011 Australian Age Championships	
13 years	09:08.37	Grace Hull	11-Apr-12	2012 Australian Age Championships	
14 years	08:55.06	Grace Hull	9-Apr-13	2013 GHSF Australian Age Championships	
15 years	08:53.68	Grace Hull	14-Apr-14	2014 GHSF Australian Age & MC Championships	
16 years	08:57.56	Grace Hull	21-Jan-15	2015 SWA State Open & Age LC Championships	
17 years	09:01.66	Samantha Macfarlane	18-Dec-20	Hancock Prospecting WA Swimming Championships	
18 years	09:05.08	Samantha Macfarlane	18-May-22	2022 Australian Swimming Championships	

1500M FREESTYLE				
11 years	20:43.49	Kiah Parks	8-Dec-12	Breakers Club Swim 8 December 2012
12 years	19:01.22	Abbey-Rose Hull	7-Mar-15	Western Sprint Swimming Club Sprint Challenge
13 years	17:59.62	Grace Hull	7-Oct-11	2011 SWA LC Qualifying Meet
14 years	17:00.97	Grace Hull	16-Mar-13	2013 Central Aquatic Swim Meet
15 years	17:29.27	Samantha Macfarlane	15-Dec-18	Sunsmart WA State Age Swimming Championships
16 years	17:22.95	Samantha Macfarlane	20-Dec-19	Sunsmart WA State Age Swimming Championships
17 years	17:15.05	Samantha Macfarlane	18-Dec-20	Hancock Prospecting WA Swimming Championships
18 years	17:17.56	Samantha Macfarlane	21-May-22	2022 Australian Swimming Championships



200M MEDLEY				
7 years	03:39.06	Abbey-Rose Hull	20-Nov-10	SWA LC Qualifying Meet No2
8 years	03:15.28	Abbey-Rose Hull	5-Nov-11	2011 SWA HFMF Distance Meet
9 years	02:54.29	Natalie Van Selm	9-Dec-17	SSPW LC Meet
10 years	02:43.89	Natalie Van Selm	10-Nov-18	2018 LC Pentathlon
11 years	02:33.83	Tamsin Cook	11-Dec-10	2010 McDonald's Qld Swimming Championships
12 years	02:29.95	Tamsin Cook	19-Apr-11	2011 Australian Age Championships
13 years	02:27.57	Tahlia Thornton	19-Dec-16	2016/17 SunSmart State Open and Age LC Champs
14 years	02:23.29	Tahlia Thornton	16-Apr-17	2017 GHF Australian Age Championships
15 years	02:23.92	Sophie Vergone	3-Dec-16	2016/17 SunSmart LC Qualifying Meet #2
16 years	02:22.83	Iona Anderson	17-Apr-22	2022 Australian Age Swimming Championships
17 years	02:31.44	Aimee Lea	19-Dec-16	2016/17 SunSmart State Open and Age LC Champs
18 years	02:26.30	Samantha Macfarlane	17-Dec-21	2021-22 Hancock Prospecting WA Swimming Champ

400M MEDLEY				
9 years	06:33.93	Abbey-Rose Hull	8-Dec-12	Breakers Club Swim 8 December 2012
10 years	05:53.53	Abbey-Rose Hull	1-Dec-13	Breakers Club Swim 1 December 2013
11 years	05:23.28	Tamsin Cook	11-Dec-10	2010 McDonald's Qld Swimming C
12 years	05:16.82	Tamsin Cook	23-Apr-11	2011 Australian Age Championships
13 years	05:15.53	Eliza Hodder	26-Apr-18	2018 GHF Australian Age Championships
14 years	05:14.62	Eliza Hodder	15-Dec-18	Sunsmart WA State Age Swimming Championships
15 years	05:06.00	Sophie Vergone	3-Dec-16	2016/17 SunSmart LC Qualifying Meet #2
16 years	05:15.82	Abigail Phillips	22-Feb-20	2020 SunSmart End of Summer Sensation
17 years	05:21.80	Samantha Macfarlane	21-Feb-21	Breakers LC Big Splash